

## Agreements for Ethical Reflecting

With an intention to create a safe space for our time together, we will discuss the agreements below. Your input and presence is a valued part of this conversation, and we would like to emphasize that no one can do this perfectly. This is a collective effort to use kindness, understanding, and appropriate restraint in our speech and actions with each other.

<b>Autonomy</b>	<ul style="list-style-type: none"><li>-right to control the direction of your learning</li><li>-some flexibility within the course</li><li>-avoid speech and actions that harm yourself &amp; other participants during our time together</li></ul>
<b>Respect</b>	<ul style="list-style-type: none"><li>-treating different kinds of experience and each other with care and respect</li><li>-putting aside our roles as teachers, not giving advice, and restraining our inclination to help</li><li>-acknowledge that there will be differences of opinion about what is ethical misconduct</li><li>-holding what we hear and observe, with care and confidentiality</li></ul>
<b>Fidelity</b>	<ul style="list-style-type: none"><li>-self honesty, being truthful with yourself</li><li>-keeping your commitments to yourself and to your development</li><li>-being open to what is offered in these modules</li><li>-acknowledge there may be resistance to this work, that difficult states may arise for us</li></ul>
<b>Contributions</b>	<ul style="list-style-type: none"><li>-your presence matters, that you show up and participate the best you can matters</li><li>-we offer the teaching with a suggested donation basis to support our sangha and the teachings</li></ul>
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